

CORONADO UNIFIED SCHOOL DISTRICT

# PRESCHOOL MENU

## MENUS FOR APRIL 6 - MAY 22, 2020

Menus subject to change.

This institution is an equal opportunity provider.

### FARM TO SCHOOL

We feel it's important for your student to make a connection with what's on their tray and where their food comes from. That is why this school year, we partnered with *Food 4 Thought* to bring the freshest seasonal produce to your school's cafeteria. Through their 'Farm to School' program they are able to partner with small, family-owned California farms that share a commitment to student health and nutrition. Picked on Monday and "straight to the plate" on Thursday and Friday...enjoy the harvest!

**Apply online today for free & reduced -price meals at**

<https://secure.ezmealapp.com/>



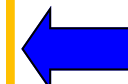
**Payments and meal balances online**

Please have "Student ID Number" when signing up the first time.

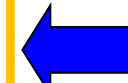
**For questions, call 619-522-8907 x2085**

Monday	Tuesday	Wednesday	Thursday	Friday
100% Beef Cheeseburger	Papa John's Pepperoni	3-Cheese Cavatappi	Yogurt & Crackers	Crunchy Taco Salad
Bean & Cheese Burrito	or Cheese Pizza	Brunch 4 Lunch (French Toast Bites & Sausage)	<b>FARM FRESH DAYS</b>	
			Yogurt & Crackers	Cheesy Pizza Square

### DATES AVAILABLE



April 6 - 9  
April 20 - 24  
May 4 - 8  
May 18 - 22



April 14 - 17  
April 27 - May 1  
May 11 - 15

### A selection of fruits and vegetables will be offered daily:

Bananas, Apples, Oranges, Dried Cranberries, Peaches, Pears, Applesauce, Carrots, Corn, Cucumbers, Cauliflower, Jicama, and Broccoli

**Three food groups must be taken, one must be at least a 1/2 cup serving of fruit and/or vegetable.**

All lunch items are made with 51% or more **WHOLE GRAIN**



Students may choose:  
1% white milk  
or  
Nonfat Flavored

## Special Menu Day

**Celebrate Earth Day!!**  
**Dirt Dessert**  
with lunch meal  
**Wednesday,**  
**April 22<sup>nd</sup>**



### Meal Prices

Paid \$3.25  
Reduced \$0.40  
Free \$0.00  
Milk \$0.50  
Non-Student \$4.50

